

PHYSICAL EDUCATION TEACHING AND COACHING TRANSFER PATHWAY, A.A.

What is a Transfer Pathway?

A transfer pathway represents a typical course schedule/sequence for a student planning to complete the A.A. degree within two years, then transfer and major in a specific discipline. A transfer pathway is not institution-specific.

It is important to understand that the pathway provided in the adjacent tab is just one possible combination of classes by which to complete an A.A. and prepare for transfer in your chosen area of study. Other course combinations and sequences can work, too. It is strongly recommended that students work directly and frequently with a COD academic counselor/advisor, a COD faculty advisor, and academic counselors/advisors at potential transfer schools, to develop and execute a plan that works best for them.

For more information about Physical Education, Fitness, and Sports Studies, please visit the program page (<http://www.cod.edu/phys-ed/>).

Suggested Semester Sequence

Course	Title	Credits
First Semester		
PHYS 2200	Introduction to Physical Education, Exercise Science, and Sport	3
EDUCA 1100	Introduction to Education	3
ENGLI 1101	English Composition I	3
Gen Ed	Mathematics (https://catalog.cod.edu/associate-degree-programs/associate-arts-degree/#mathematicsAA)	3
Gen Ed	Physical and Life Sciences (https://catalog.cod.edu/associate-degree-programs/associate-arts-degree/#physicallifescienceAA)	3
Credits		15
Second Semester		
PHYS 2201	Introduction to Coaching	3
PHYS 2251	Living With Health ¹	3
ENGLI 1102	English Composition II	3
Gen Ed	Humanities and Fine Arts (https://catalog.cod.edu/associate-degree-programs/associate-arts-degree/#humanitiesfineartsAA)	3
Gen Ed	Social and Behavioral Sciences (https://catalog.cod.edu/associate-degree-programs/associate-arts-degree/#socialbehavioralscienceAA)	3
Credits		15
Third Semester		
PHYS 2254	First Aid and CPR	3
ANAT 1500	Survey of Human Anatomy and Physiology	4

Gen Ed	Global Multicultural Studies (https://catalog.cod.edu/educational-opportunities/#global-multi)	
SPEEC 1100	Fundamentals of Speech Communication	3
Gen Ed	Humanities and Fine Arts (https://catalog.cod.edu/associate-degree-programs/associate-arts-degree/#humanitiesfineartsAA)	3
Gen Ed	Social and Behavioral Sciences (https://catalog.cod.edu/associate-degree-programs/associate-arts-degree/#socialbehavioralscienceAA)	3
Credits		16
Fourth Semester		
PHYS 2240	Introduction to Sport Psychology	3
Elective ²		2-3
Gen Ed	Humanities and Fine Arts (https://catalog.cod.edu/associate-degree-programs/associate-arts-degree/#humanitiesfineartsAA)	3
Gen Ed	Social and Behavioral Sciences (https://catalog.cod.edu/associate-degree-programs/associate-arts-degree/#socialbehavioralscienceAA)	3
Gen Ed	Physical and Life Sciences (with lab) (https://catalog.cod.edu/associate-degree-programs/associate-arts-degree/#physicallifescienceAA)	4
Gen Ed	Human Relations (https://catalog.cod.edu/educational-opportunities/#HREL)	3
Credits		18-19
Total Credits		64-65

¹ PHYS 2251 Living With Health and PHYS 2254 First Aid and CPR will qualify as a Contemporary Life Skills credit.

² Recommended: PHYS 2202 Introduction to Sport Management, PHYS 2261 Applied Kinesiology, PHYS 1711 Hapkido I, or additional PHYS activity classes.

Program Milestones

First Semester

- Consider joining or visiting with a professional, cultural or interest-based Student Club (http://cod.edu/student_life/clubs_org/).

Second Semester

- If you have not done so yet this semester, it is important to make an appointment with a Faculty or Program Advisor (https://www.cod.edu/academics/programs/physical_education/faculty.aspx) to discuss your future academic progress.

General Education Requirements

For general education requirements for the A.A. degree, please visit the A.A. degree catalog page (<https://catalog.cod.edu/associate-degree-programs/associate-arts-degree/>).

This page lists programs related to one another.

- Fitness Instructor, Certificate (<https://catalog.cod.edu/programs-study/physical-education/fitness-instructor-certificate/>)
- Kinesiology and Fitness Transfer Pathway, A.A. (<https://catalog.cod.edu/programs-study/physical-education/kinesiology-fitness-track-transfer-pathway-aa/>)
- Kinesiology and Fitness Transfer Pathway, A.S. (<https://catalog.cod.edu/programs-study/physical-education/kinesiology-fitness-track-transfer-pathway-as/>)
- Sports Management Transfer Pathway, A.A. (<https://catalog.cod.edu/programs-study/physical-education/sports-management-transfer-pathway-aa/>)