

COLLEGE SKILLS (COLLG)

COLLG 1100***College Path QuickStart***

1 Credit Hour

This course is an introduction to the first semester experience at College of DuPage, designed to assist students in taking initial steps toward developing a successful academic path. It will familiarize students with the campus community, introduce academic & career pathways, and explore initial resources to help students engage in academic planning. Students will have the opportunity to learn basic skills for a successful transition to the College of DuPage environment, and to connect with a mentor support system for continued success and growth. (1 lecture hour)

COLLG 1105***Career Development***

2 Credit Hours

Designed to assist students with integrating into the career development process. Emphasis on developing skills related to self-awareness, career path choices, career decision-making, and strategies for career action in an evolving work environment. (2 lecture hours)

Course types: Contemporary Life Skills (A.A., A.S., A.A.S., A.G.S.), Human Relations (A.A., A.S., A.A.S., A.G.S.)

COLLG 1110***Interpersonal Skills for Life and Work***

2 Credit Hours

Emphasizes student's understanding of human relations, identifying and decreasing self-defeating behaviors and exploring options for interpersonal development. Through an experiential approach, students have an opportunity to develop more satisfying and effective interpersonal skills for enhancing personal and work relationships, self-esteem, and understanding of behavior differences among persons from diverse backgrounds. (2 lecture hours)

Course types: Contemporary Life Skills (A.A., A.S., A.A.S., A.G.S.), Human Relations (A.A., A.S., A.A.S., A.G.S.)

COLLG 1115***College Success Skills***

2 Credit Hours

An introduction to the strategies necessary for academic and personal success at the college level. Students will be given an orientation to the culture of higher education, transition to a college environment, and useful resources. A range of skills will be covered, including self-care, emotional intelligence, time management, goal setting, note-taking, reading for comprehension, and developing self-awareness. (2 lecture hours)

Course types: Contemporary Life Skills (A.A., A.S., A.A.S., A.G.S.)

COLLG 1116***Research in the Information Age***

1 Credit Hour

Students will be introduced to the concepts and values of information literacy. Students will develop critical thinking skills by formulating research strategies, determining information source credibility, and effectively communicating their learned information to an audience. Students will examine the organization and ethical use of information and utilize research tools in the discovery process. (1 lecture hour)

Course types: Contemporary Life Skills (A.A., A.S., A.A.S., A.G.S.)

COLLG 1820***Selected Topics I***

1-3 Credit Hours

Introductory exploration and analysis of selected topics with a specific theme indicated by course title listed in college class schedule. This course may be taken four times for credit as long as different topics are selected. (1 to 3 lecture hours)